

HOW THE MIND WORKS

- Your mind is the control center of your entire life. So in essence, when you change your thinking, you change your whole life.
- Most of the decisions you make aren't conscious decisions but are programmed, subconscious decisions.

"Put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind, and that you put on the new man which was created according to God, in true righteousness and holiness." Ephesians 4:22-24

- When you exchange your old thinking patterns for God's thinking patterns, you begin to see new opportunities in relationships, business, finances and everything you do.

THE PROCESS CONTINUES

- Consciously, the attitudes and thoughts we grew up with don't necessarily control our lives, but subconsciously, they do.
- Patterns can be broken by people like you who sincerely desire change and want God's best in your lifestyle.

TIME-RELEASED BELIEFS

- Time-released beliefs is the programming you don't realize is there until a specific incident brings it to the surface.
- The answer to overcoming these programming problems is to renew the mind, to renew the way you think.
- On the other hand, not everything you do is patterned after what you saw growing up.

LEARNING IS NOT CHANGING

- More knowledge of the psychological and sociological circumstances of your past or present won't necessarily change your life.
- Spiritually, mentally, physically, financially and socially, God desires the fullness of His abundant life and prosperity for you.

A CATERPILLAR IS A BUTTERFLY IN DISGUISE

- The *good and acceptable and perfect will of God* Romans 12:2 talks about makes the highest kind of spiritual, mental, physical, financial and social success.
 - When does that come? When you are transformed.
 - How do you get transformed? By the renewing of your mind.

WHY PEOPLE RESIST CHANGE

- You decide if a mountain is a platform to blast off from to reach great heights or a hindrance that will stop you in your tracks.

"A good man out of the good treasure of his heart brings forth good things; and an evil man out of the evil treasure brings forth evil things." Matthew 12:35

- What determines what comes out of you is simply what is already in you.

Change Your Stinking Thinking!

STEPS TO PERSONAL TRANSFORMATION

"Your mind is the control center of your life."

1. How have your family/parent relationships affected the spirit of your mind and current relationships? Think about your current attitudes and thought processes that haven't changed since you came to the Cross.

2. In what specific areas of your life do you desire change?

3. What beliefs and/or behavior didn't come up in your life until you started this study?

4. In what areas of your life have you resisted change?